

Program

Calgary National Conference

Learn. Connect. Get inspired.



19 SEPTEMBER 2026
8:00 AM - 5:00 PM



WESTIN CALGARY
AIRPORT HOTEL

Registration & Welcome - Blackfoot Crossing

07:00 - 19:00

Attendee check-in, badge distribution

Breakfast and Day-1 Welcome - Hall D

07:30 - 08:30

Donna Hartlen, Executive Director

Keynote Conversation - No One Rides Alone - Hall D

08:35 - 09:05

Clive Philips and Pamela Stoikopoulos

Diagnostic Pathways - Hall D

09:10 - 9:40

Chris White, MD, FRCPC

Condition Overview - Breakout Session

09:50 - 10:30

Presentation and Management

GBS and variants - Hall D

Douglas Zochodne, MD, FRCPC

CIDP and variants - Hall C (Breakout 1)

Gord Jewett, MD, FRCPC

MMN - Hall B (Breakout 2)

Katherine Beadon, MD, FRCPC

Coffee Break - Hall D

10:30 - 10:50

More information visit:

gbscidp.ca/event/2026-calgary-national-conference/



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**WESTIN CALGARY
AIRPORT HOTEL**

Practical Stretching Exercises for Those Living with GBS, CIDP, and MMN – Hall D

10:50 – 11:10

Andrew Schmidt, B. Kin, CSEP-CEP, CSRS I

Select a Session:

11:15– 12:00

Immunoglobulin – Hall C (Breakout 1)

Part A: Subcutaneous Ig – Crystal Allan, RN, BScN

Part B: Managing the Side effects of IVIg – Kate Kain, RN, BScN

Canadian Disability Benefits – Hall D

Cynthia Minh , Disability Alliance Canada

Lunch

12:00 – 13:00

Clinical Trials and Innovation in Inflammatory Neuropathies – Hall D

13:00 – 13:45

Hans Katzberg, MD, FRCPC

Pain Management in Neuropathies – Hall D

13:45– 14:30

Part A: Béatrice Soucy, MD, FRCPC | Part B: Ben Jespersen (Canadian Certified Counsellor), BA, MACP, DC

Coffee Break

14:30 – 15:00

Getting Better Sleep with Chronic Conditions

15:00 – 15:30

Andrea Loewen, MD, FRCPC

Select a Session:

15:35 – 16:05

Patient Panel: Practical tips for those living with GBS, CIDP, and MMN – Hall D

Caregiver Panel: Practical tips for those caring for someone with GBS, CIDP, and MMN – Hall C (Breakout 1)

Ask the Experts

16:10 – 17:00

Open Q&A Session

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WESTIN CALGARY
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Breakfast and Day-2 Welcome - Hall D

08:00 – 09:05

Pam Stoikopoulos, Board Vice President

Sexual Health and Chronic Disease - Men Only Session - Hall D

09:10 – 9:55

Dr. Ben Jespersen, (Canadian Certified Counsellor), BA, MACP, DC

Sexual Health and Chronic Disease - Women Only Session - Hall C (Breakout 1)

Candine Blackbeard, RP, CCRN, RN, MA, BScN

Practical Strengthening Exercises for Those Living with GBS, CIDP, and MMN - Hall D

10:00: – 10:30

Andrew Schmidt, B. Kin, CSEP-CEP, CSRS I

Coffee Break and Mindfulness Exercise

10:30: – 11:00

Dietary Strategies in Neuroimmune Conditions - Hall D

11:05 – 11:55

Mathew Embry - MS Hope

Closing

11:55 – 12:00

Darryl Bedford, Board President

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19 - 20 SEPTEMBER 2026



WESTIN CALGARY
AIRPORT HOTEL

No One Rides Alone – Documentary Screening

Room: Okotoks

Sep 18, 19:45

Popcorn and drinks provided Friday evening (50 seats available)

Hall A

Sep 19, 10:45

Sep 19, 17:05

Sep 19, 20:00

Calgary Conference Walk and Roll

Sep 19, 17:00 – 18:00

Location: Westin Calgary Airport Hotel – Conference Centre Entrance

General Public Registration

Sep 19, 16:30 – 17:00

Conference-walk participants will be registered during conference registration.

Mix and Mingle – Hall C

Sep 19, 18:30 – 21:00

Social gathering and Silent Auction – Food and drinks provided



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