



GBS/CIDP
Foundation of Canada

Fondation canadienne du
SGB/PDIC

COMMUNICATION CARDS

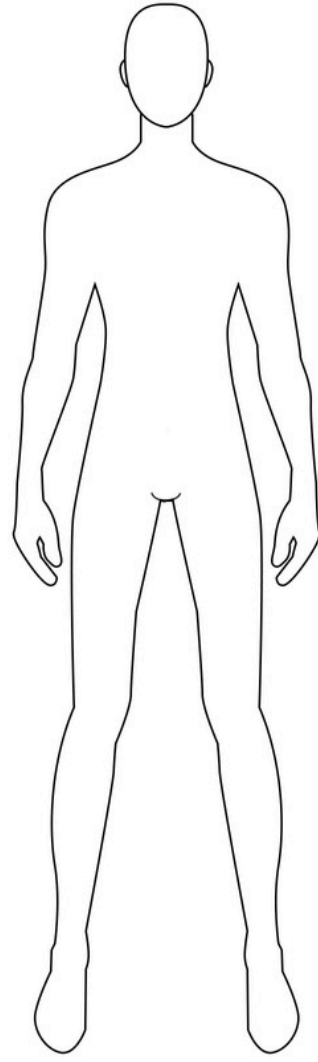
**GBS/CIDP FOUNDATION OF CANADA
3100 GARDEN ST.
PO BOX 80060 RPO ROSSLAND GARDEN
WHITBY, ON
L1R 0H1**



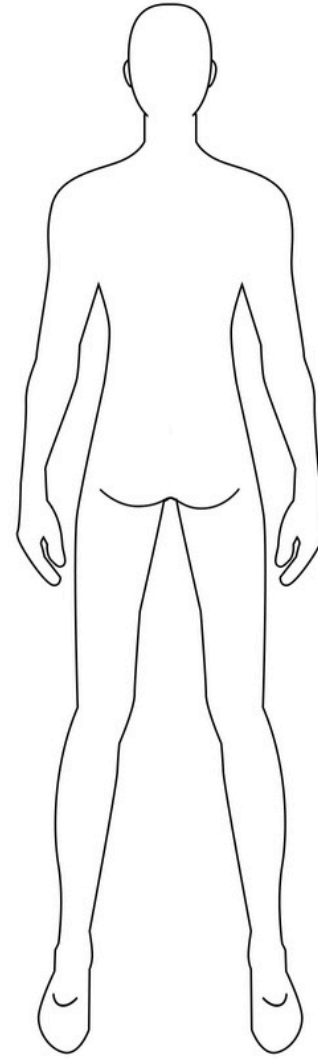
**WWW.GBSCIDP.CA
1-647-560-6842**

BODY CARD

Front



Back



Right

Left



SPELL BOARD

A B C D E F G H I

J K L M N O P Q

R S T U V W X Y Z

1 2 3 4 5 6 7 8 9 0



NURSE / DOCTOR

RESPIRATOR

- **SUCTION**
- **DRAIN WATER FROM TUBING**
- **BREATHING TOO FAST / SLOW**
- **SORE THROAT**
- **TRACHEOSTOMY AREA IS SORE**
- **SHORT OF BREATH**
- **PHLEGM IS CAUGHT**
- **CAN'T SWALLOW**



NURSE / DOCTOR

PAIN

- WHEN BEING TOUCHED
- HANDS / FEET
- STOMACH / BOWELS
- HEAD
- BACK
- CHEST
- PRIVATE PARTS / CATHETER
- SPELL BOARD / BODY CARD



OTHER

- CAN'T FEEL
- CAN FEEL

NURSE / DOCTOR

SLEEP

- CAN'T FALL ASLEEP
- CAN'T STAY ASLEEP
- NIGHTMARES
- SCARED / AFRAID
- HALLUCINATIONS
- TOO MUCH NOISE
- SLEEPING MEDICATIONS

OTHER



- MENSTRUAL CYCLE
- SEEING DOUBLE
- SPELL BOARD / BODY CARD

NURSE /COMFORT

- POSITION**
- **BED / HEAD UP / HEAD DOWN**
 - **PILLOW / FLUFF / POSITION**
 - **LIE ON SIDE / BACK**
 - **REPOSITION / LEGS / ARMS**
 - **PRIVATE PARTS / CATHETER**
 - **HOT / COLD**
 - **I HAVE AN ITCH - BODY CARD**

FOOD / BOWELS

- **HUNGRY / THIRSTY**
- **CONSTIPATED / DIARRHEA**
- **BEDPAN**
- **CRAMPS / GAS / HEMORROIDS**



SURROUNDINGS

LIGHTS - ON - OFF - DIM

CURTAINS - CLOSED - OPEN

TELEVISION - ON - OFF / VOLUME UP / DOWN

TV CHANNEL - CBC - CTV - CNN - SPORTS

SPELL BOARD



RADIO / MUSIC - CLASSICAL - POP

COUNTRY - JAZZ - SPELL BOARD

GBS/CIDP
Foundation of Canada



Fondation canadienne du
SGB/PDIC

PERSONAL CARE

PLEASE

- **WASH MY FACE**
- **BRUSH MY TEETH**
- **SHAVE MY BEARD**
- **LIP BALM**
- **GLASSES**
- **WASH MY HAIR**
- **SPONGE BATH**
- **SKIN CREAM**
- **CLIP FINGERNAILS**
- **CLIP TOE NAILS**



I WANT - TO SLEEP / QUIET

PLEASE CALL - SPELL BOARD

GBS/CIDP
Foundation of Canada



Fondation canadienne du
SGB/PDIC

TIME / HOME / SOCIAL

WHAT TIME IS IT?

WHAT DAY IS IT?

WHEN ARE VISITING HOURS?

PLEASE CALL / VISIT FROM - MOM - DAD - KIDS

HUSBAND - WIFE - DOCTOR

SPELL BOARD



If you've found these cards helpful, please consider making a donation to help us place them in ICU units across Canada. Every set of cards shared gives a patient back their voice. Your support can make a life-changing difference!

www.gbscidp.ca/donate/

